

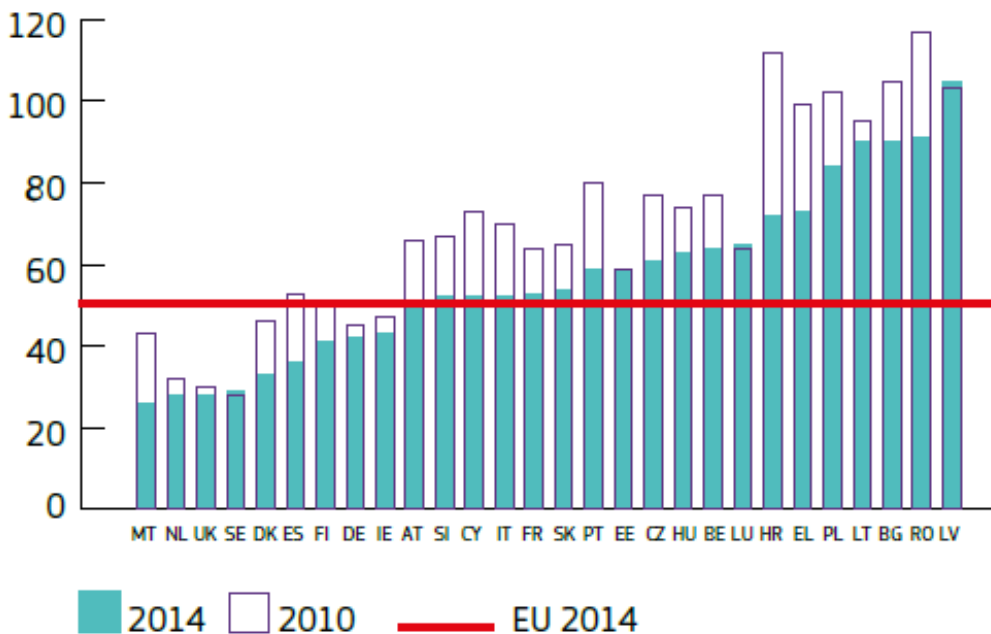
Why is it important to comply with these rules?

Road Safety is a major societal issue. In 2016, around 25,500 people died on the roads of the European Union, i.e. the equivalent of a medium town.

For every death on Europe's roads there are an estimated 4 permanently disabling injuries such as damage to the brain or spinal cord, 8 serious injuries and 50 minor injuries.

The table below presents the road fatality rate per million inhabitants in 2014 versus 2010 per countries:

FATALITY RATE PER MEMBER STATE FOR 2010 AND 2014



2014			
MT	26	SK	54
NL	28	PT	59
UK	28	EE	59
SE	29	CZ	61
DK	33	HU	63
ES	36	BE	64
FI	41	LU	65
DE	42	EL	72
IE	43	HR	73
AT	51	PL	84
SI	52	LT	90
CY	52	BG	90
IT	52	RO	91
FR	53	LV	105
		EU	51

Source: CARE (EU road accidents database).





RULE No 1 – WEAR YOUR SEATBELT

Seatbelt does save life. Drivers and passengers of any vehicle must wear seatbelts at all times the vehicle is in motion.

- I always check if all vehicle passenger have fastened their seatbelts before start. It is the **driver's responsibility** to ensure that all passengers wear their individual seatbelts whenever the vehicle is in motion.
- I properly fasten my seatbelt on my waist and over my shoulder (3 points) or on my waist, where 2 points of contact seatbelt are provided in buses and minivans.
- **I do not use** devices that prevent, loosen or modify the proper operation of the seatbelt.



What about children:

- Children should use a system approved for their height or age, like children car seats, according local legislation provisions (for example: up to 150 cm and age up to 12 years)
- Taller children may use the seatbelt for adults.
- Reverse positioning of carrycot in the front seat – so that the child facing backwards – is no longer allowed, unless the airbag has been deactivated.

WE OFTEN HEAR PEOPLE SAY...

but...

WHAT IS THE REALITY?

“I am not driving very far from here”

In fact, this is the most appropriate time to wear the seat belt, as the majority of fatal traffic accidents occur in the city and at a speed less than 60 km/h. Deaths have been reported in collisions with only 20 km/h, due to damage of human organs and internal bleeding from the wheel.

“I am a good driver so I am not going to have a car accident”

May be true, but there is always a chance to be hit by a “not so good” driver...

WE OFTEN HEAR PEOPLE SAY...

but...

WHAT IS THE REALITY?

"Passengers seating on the back seat do not need to wear seatbelt"

In case of an accident, the risk of driver's or front passenger's death is 5 times higher, due to the fact that there are passengers in the back seat that don't wear their seat belt. Rear passengers will hit the front passengers (who wear seatbelts) with a force of an elephant weighing four tones! Japanese researchers studied accident data (1995 to 1999) and concluded that 80% of deaths caused to front passengers could have been avoided if the rear passengers were wearing their seat belts.

"I will hold myself strongly on the wheel".

This is not possible. In the event of a collision, the vehicle is immediately and violently immobilized. Passengers who don't wear seat belts continue to "travel" inside the car with the same speed, hitting on the dashboard or windshield. This force is equal to the product of weight in kilos multiplied by the speed at the moment of impact. For example, in a collision with 50 km/h, a man weighing 80 kilos, will hit the windshield with (50X80 = 4.000 kilos) FOUR TONES! ONLY the seat belt can protect someone in this case.

"I don't need a seat belt because I have an airbag".

An airbag increases the effectiveness of seat belts by 40%. However, if you are not using a seat belt, you can be seriously injured by the airbag. Moreover, the airbag does not protect you at all in case of a lateral collision.
Airbags are not a substitute for seat belts.

Think about the consequences if you don't wear your seatbelt:

Greek language

<https://www.youtube.com/watch?v=asW4vnnNVT8>
<https://www.youtube.com/watch?v=9dpjQvg7yhW>
<https://www.youtube.com/watch?v=CfA6ObXsToI>

Bulgarian language

<https://www.youtube.com/watch?v=URKxTfZCNcs>
<https://www.youtube.com/watch?v=jsh-lwqTd-U>

This form is informative-educational and includes information from the sites below:

<http://www.ioas.gr/>

http://ec.europa.eu/index_el.htm

http://ec.europa.eu/transport/road_safety/specialist/statistics/index_en.htm

<http://www.aodos.gr/>



Safety Talk Leader

Date of Safety talk:

Leader Name-Surname/Position:/.....

Department:..... Signature:

List of participants:

<i>Name - Surname</i>	<i>Position</i>	<i>Signature</i>